



Spring 2010 Issue

AL-ANON'S

Information Services Quarterly Newsletter

Published by North Jersey Al-Anon Information Services (NJ AIS)
73 South Fullerton Ave., Montclair NJ 07042-2627 (973)744-8686
email: northjerseyais@yahoo.com * www.northjerseyal-anon.org

✿ CALENDAR OF EVENTS ✿

APRIL

- 6 - Steering Committee Meeting (7:30)
- 13 - ISR meeting - St. Cecelia Church,
45 Wilus Way, Iselin, NJ - 7:30
- 17 - Jal-Con Annual Membership Meeting -
Our Redeemer Lutheran Church, Fords,
NJ. (10:30 a.m.)
- 25 - AMIAS Training. Virtua Hospital, Mt.
Holly (12-4:00)

MAY

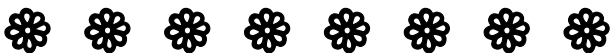
- 4 - Steering Committee Meeting (7:30)

JUNE

- 5 - Assembly - Edison (10:00 AM)
- 8 - Steering Committee Meeting (7:30)
- TBA - AMIAS Training (call office)

JULY

- 6 - Steering Committee Meeting (7:30)
- 13 - ISR meeting - Central Presb. Church,
46 Park St., Montclair - 7:30
- 16-18 - Jal-Con



*AMIAS=Al-Anon member involved in Alateen Service

WHEN ANYONE, ANYWHERE, REACHES OUT FOR HELP, LET
THE HAND OF AL-ANON AND ALATEEN ALWAYS BE THERE
AND ... LET IT BEGIN WITH ME.

GOOD NEWS / BAD NEWS

GOOD NEWS: Total contributions for 2009 were up 7% despite the economic situation in the country!!!
THANK YOU, THANK YOU, THANK YOU!!!

BAD NEWS: However, our literature sales declined by 10%!!!

HOW CAN YOU HELP? Please purchase all your literature needs from the Montclair office!!!

Anniversary coming up?? -- why not list it here ...
Send info to NJIS office!!!



Did you know that NJ is #50 out of 50 states in subscriptions to the *Forum* Magazine?? This is OUR magazine - a "meeting in your pocket" Check out: <http://www.al-anon.alateen.org/forum.html> It's only \$11/year!!!!
check it out!!

Please make extra copies of this newsletter to distribute to members of your group. A copy of this newsletter can be downloaded from www.northjerseyal-anon.org or www.nj-al-anon.org

Thank You

FOR YOUR SUPPORT

The NJAIS Office operates solely through the generous contributions of the NJ groups and individual members.

The Steering Committee sends a sincere "THANK YOU!" to the following meetings for their donations for the 4th quarter 2009 (Oct-Dec):

- | | |
|-------------------------------|--------------------------------|
| Alpha - Mon. | Montclair - Sat. Step |
| Basking Ridge - Wed. | Morristown - Sat. |
| Berkeley Heights - Mon. | Netcong - Sun. |
| Bernardsville - Sun. | New Brunswick-Sun AM Step |
| Boonton - Fri. | New Brunswick - Sat. A.M. |
| Branchburg - Tue. | North Bergen - Fri. |
| Chatham - Wed. | Norwood - Wed. AM |
| Chatham - Thurs. aft. | Oakhurst - Mon. A.M. |
| Clifton - Tue. | Piscataway - Wed. |
| Colonia - Tue. | Pompton Lakes - Mon. aft. |
| Colts Neck - Mon. aft. | Pompton Plains - Fri. |
| Columbia - Tue. | Rahway - Mon. |
| Elizabeth - Fri. | Ramsey - Thurs. A.M. |
| Englewood - Mon. | Red Bank - Thurs. |
| Flemington - Mon. | Red Bank - Fri. |
| Flemington - Wed. aft. | Red Bank - Sat. |
| Flemington - Wed. | Ridgewood - Tue. |
| Fort Lee - Sat. AM Adlt Child | Ridgewood - Wed. |
| Hackensack - Fri. | River Edge - Mon. aft. |
| Hillsdale - Sun. | Scotch Plains - Thurs. aft. |
| Ho-Ho-Kus - Sat. A.M. | Short Hills - Mon. A.M. Step |
| Hoboken - Wed. Step | Somerville - Mon. |
| Holmdel - Sun. A.M. | Somerville - Fri. |
| Iselin - Wed. | South Orange - Wed. |
| Kearny - Sat. A.M. | Sparta - Wed. aft. Step |
| Kinnelon - Tue. | Sparta - Fri. A.M. |
| Leonia - Wed. | Springfield - Sat. |
| Lincroft - Tue. | Stanhope - Mon. |
| Little Falls - Fri. | Stirling - Fri. Adult Children |
| Lyndhurst - Tue. A.M. | Summit - Sun. AM Discussion |
| Matawan - Wed. A.M. | Summit - Sun. A.M. Step |
| Middletown - Sat. A.M. | Summit - Fri. |
| Midland Park - Mon. | Teaneck - Tue. |
| Milltown - Mon. aft. | Union - Mon. |
| Montclair - Sun. | Verona - Tue. Adult Children |
| Montclair - Mon. aft. | Verona - Fri. aft. |
| Montclair - Mon. | Wayside - Wed. A.M. |
| Montclair - Tue. | Wayside - Wed. A.M. Step |
| Montclair - Wed. aft. | Whitehouse Station - Sun. |
| Montclair - Thurs. Book Study | |

"MAKE CHECKS PAYABLE TO: NJIS -- send to office"

**WANT TO ANNOUNCE SOMETHING IN AL-ANOTES?
WRITE TO: swoffice@verizon.net
DEADLINE for Summer: June 1, 2010**

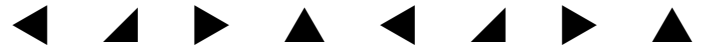
Announcing -----

54TH ANNUAL AREA 44 AA CONVENTION

September 24, 25, & 26, 2010

Doubletree Hotel, Somerset, N.J.

- ❖ **Alanon Speaker**
- ❖ **Alanon & Alateen Meetings**
- ❖ **Banquet, Dances**
- ❖ **Don't miss a great opportunity to enhance your recovery.**



SERVICE OPPORTUNITY VOLUNTEER

As you all know, a big part of our recovery includes service.

Well, here is a unique opportunity for service! The Montclair Office is in need of volunteers to assist with a variety of office related work. The primary need is for people to answer the phone when people call in seeking help with meetings or just a need to talk.

Do you have a couple of hours a month or week that you can do this much needed service? It doesn't have to be on a regular basis, even a couple of hours a month will help!!

***** CALL THE OFFICE *****



JAL-CON



Jul 16-18

Hilton Hotel - E. Brunswick

Colors: Green & gold.

THEME: Recovery: Extreme Makeover!

Jal-Con is New Jersey's annual Al-Anon convention with Alateen and A.A. participation